



SAVE THIS NEW DATE *May 18, 2019* and TELL A FRIEND

Saint Michael Parish Presents
Understanding & Unwrapping YOUR Gifts with Edward Anthony Colozzi, Ed.D.

**A FREE Workshop For Saint Michael's Parish and The Community-At-Large
Includes Handouts, Coffee, Snacks, Lunch and DOOR PRIZES!**

For individuals and couples interested in the following topics related to:

- * **EMPLOYMENT:** Employed & dealing with STRESS/Unemployed & looking for NEW work
- * **RETIREMENT:** Looking for hobbies/Volunteering your talents/Connecting with others etc.
- * **EDUCATION/TRAINING:** Exploring appropriate education/training options for a new start
- * **RELATIONSHIPS:** Dealing with conflict; Healing relationships/Having new relationship etc.
- * **LIFE TRANSITIONS:** Effectively dealing with challenges associated with life transitions e.g., loss of job, health, loss of spouse/partner/others, dealing with caregiving activities, loss of HOPE etc.
- * **LIFE BALANCE:** Exploring ways to achieve more balance across your various life roles
- * **THE SPIRITUAL JOURNEY:** Listening to God's Whispers in ALL the above for YOUR Calling(s)

REGISTER NOW for Saturday May 18, 2019 8:30 AM- 1:30 PM

Saint Michael Parish Hall 543 Bridge St. Lowell, MA 01850

Registration Required & Deadline is Tuesday May 14.

**** FIRST 50 persons to register receive FIVE Registration Numbers for
Door Prizes worth over \$600 including dinning certificates & a Home Depot Fire Pit!**

- * **Are you interested in discovering some of your special talents and your unique personality type?**
- * **Do you want more happiness and fulfillment at whatever stage in life you are right now?**
- * **Do you sometimes lack confidence and yet believe you do have unrealized potential?**

Participants will:

- * **Learn and practice how to make wise choices involving your calling(s)** - what one is gifted by God to do that gives meaning and purpose and contributes to the specific or common needs of others.
- * **Enjoy time for individual reflection and small group discussions**, including enjoyable activities that create positive relationships and opportunities to connect with others!
- * **Discover ways to increase self-awareness about your unique personality type**, deal with stress/time management to promote life balance and wellness, and learn to increase self-confidence!

***The concepts and paradigms shared in this presentation are career development theory-based, and grounded in a Christian faith tradition. Members of other faith traditions are welcome.
We are ALL connected in ONE Spirit.***

Please e-mail at saintmichaels@comcast.net or call Saint Michael Parish Secretary Mary Brooks or anyone answering the Parish Office phone at 978-459-0713 to leave the name, phone number and e-mail address of each individual attending, to register and receive a personal Registration Number(s) to be used for Valuable Door Prizes. Prize winners must be present to win. First 50 individuals to register receive FIVE Registration Numbers to increase odds of winning and will be eligible for two prizes.
Registration confirmation will be made by phone or e-mail.